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NAME	SPECIALTY	ADDRESS/PHONE
Psychiatrists		
Adams, Dr. Cathleen	Pediatric Psychiatry	Geisinger Medical Center, 100 N Academy Ave., Danville, PA 17822 (800) 275-6401
Aaron Center	Pediatric Psychiatry/Mental Health Clinic	851 Commerce Blvd, Dickson City, PA (570) 489-5561 https://aaroncenter.com/
Advanced Community Services	Pediatric and Adult Psychiatry	1141 Clay Avenue Suite #2 Scranton, PA (570) 207-7919
Behar, Dr. David Solutions Counseling	Pediatric and Adult Psychiatry	35 East Elizabeth Ave Suite 37, Bethlehem PA 18018 (610) 865-1303 http://solutionscounseling.net/
Berger, Dr. Matthew	Pediatric and Adult Psychiatry	340 Montage Mountain Road Moosic, PA (570) 346-3686 https://www.matthewbergermd.com/
Blue Mountain Psychiatry Dr. Muhamad Rifai	Pediatric, Adult, and Geriatric Psychiatry	564 Main Street Stroudsburg, PA 570-534-0515 https://bluepsychiatry.org/
Friendship House	Pediatric Psychiatry	1509 Maple St. Scranton,PA (570)342-8305 ext 1047 https://www.friendshiphousepa.org/
Kidspeace Outpatient	Pediatric and Adult Psychiatry	1151 Pocono Blvd, Mount Pocono, PA 18344 (570) 243-8787 https://www.kidspeace.org
New Beginnings	Pediatric and Adult Psychiatry	564 Main St, Stroudsburg, PA 18360 (570) 622-9101 https://www.newbeginningscenters.com/

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REDCO	Pediatric and Adult Psychiatry	564 Main St. Stroudsburg PA (570)420-8070 http://www.redcogrp.com/
Scranton Counseling Center	Pediatric and Adult Psychiatry	329 Cheery St. Scranton, PA 18503 (570) 348-6100 http://scrantonscc.org/
Turnberg, Martha, MD	Pediatric and Adult Psychiatry	419 A King St, East Stroudsburg (570) 424-8657
Psychologists/ Psychotherapists		
Allen, Jenn MS, LPC, CCTP Age:14+	trauma, PTSD, trans-affirming	425 Carlton Road, Mt Pocono (570) 588-8555
Barabas, Dustan, PsyD Pocono Counseling Age: 6 + Handicap access	Cognitive Behavior Therapy, mood DO, trauma, grief, anger, sex offender assess &treatment	930 N. 9th Street, Stroudsburg, PA 18360 (570) 629-4900 https://poconopsychologist.com/
Barber, Sheila, PhD Licensed Psychologist Age: All	Cognitive Behavior Therapy, anxiety, depression, ADHD	767 Cherry Lane Road East Stroudsburg, PA 18301 (570) 629-6256
Bedard, Brie LPC CAADC Ages: 14+	Individuals, couples, group; grief, mood disorders, life transitions, trans-affirming	425 Carlton Road, Mt Pocono (570) 588-8555
Brito, Eileen, LCSW Pocono Behavioral Wellness, LLC	**English/Spanish:** Mood disorders, anxiety, OCD, trauma (PTSD), ADHD, anger management, parenting, grief, mindfulness, LGBTQI, therapy dogs	24 n. 7th St Suite 202, Stroudsburg, PA 18360 (570)994-2664 https://poconobehavioralwellness.com/index.html
C. Snyder Counseling & Wellness Anderson, Jesse, LSW Papazian, Ashley, MSW Age: 6+	Individuals, couples, and families; CBT, DBT, LGBTQ	3606 Nicholas St., Untit C, Easton, PA 18045 (484) 819-0771
Cornell, Sara J., Psy.D. Comprehensive Psychological Services	Depression, anxiety, trauma, PTSD, eating disorders	Route 940 Pocono Lake, PA (570) 643-0222

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Drago, Anthony, Ed.D. Monroe Psychological Group Age: All	Anxiety & mood DO, psychological & psych educational testing	79 South Courtland Street East Stroudsburg, PA 18301 (570) 476-6301
Empowered Living, LLC Age: All	Children, individual, couple and family counseling	7164 Route 209 Stroudsburg (570) 234-0403 https://www.empoweredlivingpa.com
Fiore, Kristy, MS CRC LPC Age: All	LGBTQ+Issues, grief, disabilities, anxiety & depression,trauma, veteran's issues	1 Line Street, Suite 3 Throop, PA 18512 (570) 507-3189
Griffiths, Tiffany, Psy D. Tiffany Griffiths Psy D. and Assoc. Age: All	Dialectical Behavior Therapy; trauma; mood disorders; child/adolescent, family therapy, med managment	502 N Blakely St Dunmore, PA 18512 (570) 342-8434 https://www.drtiffanygriffiths.com/
Harris, Prunella, LCSW Restorative Family Services, LLC Ages: All	**English/Spanish:** Individual, couple, and family counseling	529 Seven Bridge Rd, Ste304, East Stroudsburg, PA 18301 (570) 972-2476 https://restorativefamilyservices.com/
Jones, Nichelle, LCSW Positive Perception Counseling Ages: All	ADHD,anger management, coping skills, PTSD, etc. Individual, group and family.	529 Seven Bridges Rd Suite 105, East Stroudsburg (570) 580-4060 njones@positiveperceptions.org
Kidspeace Outpatient Services Age:3-Adult	Therapy, life and parenting skills training, problem solving, and self-esteem building to children and families	1151 Pocono Blvd, Mount Pocono, PA 18344 (570) 243-8787 https://www.kidspeace.org
Kovacs, Jamie, LPC Aspire Counseling and Consulting Age: children-adult	Individual and family therapy	134 Broad Street, Suite 7, Stroudsburg, PA (570) 421-7868 http://www.aspirecounselingllc.com/index.html
Marsar-Perez, Kristen, LCSW Connections Counseling	Children and adolescents, trauma Informed treatment	1300 N 5th St. Stroudsburg PA 18360 (570) 424-5100 https://www.connectionscounselingservicesllc.com/
Matrick, Debra, LCSW Matrick Counseling Center Age: 4+	family, grief, child/adolescent, couples, anxiety/depression, geriatric, LGBTQ, PTSD	1259 Route 390 Cresco, PA (570) 595-0943
Olson, Pamela, LCSW, CAC Age: 18 & up	Mood, anxiety, inter-personal issues, addiction	Mt. Pocono Professional Building 4 Fork Street - Suite 2000 Mt. Pocono, PA 18344 (570) 894-2446

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OMNI Health Services Inc. Age: 5+	Individual/group/family counseling, med management, psychiatric evaluation	301 Mulberry Street Scranton PA (570) 507-9272
Pocono Psychological Services Age: children- adult	**English/Spanish** Depression, anxiety, individual & family counseling, etc.	408 Scotrun Avenue, Scotrun, PA 18355 (570) 688-2929 http://www.poconopsychologicalservices.com/
Pocono Counseling Associates	Anger Management, LGBTQIA, CBT, anxiety, depression, mindfullness, etc	105 Terrace Drive Ste 102 Stroudsburg, PA (570) 620-4332 https://poconocounseling.com/
Resolve School-Based Outpatient	Children and adolescents, individual and family therapy, telepsychiatry, medication monitoring	Locations include E.Stroudsburg, Brodheadsville, Wind Gap,& Bethlehem (610) 515-6580 https://www.ciu20.org
Sahaya-Magnus, Rita, LCSW	Trans-affirming	134 Broad Street, Suite 1 Stroudsburg, PA 18360 (570) 992-0624
Snyder, Bruce, MS, LPC Family Treatment Associates Age: 4 & Up	Individual/marital/family therapy, PTSD, grief, ADHD, parenting	117 Broad Street Stroudsburg, PA 18360 (570) 424-6049
Sportelli, Heather, LPC The Hemlock Reprieve LLC Age: All	Individual/marital/family therapy, PTSD, grief, ADHD, parenting, LGBTQ isues, depression	529 Seven Bridge Rd, Ste 207 East Stroudsburg, PA 18301 (570) 399-0504
Steinbacher, Theresa, M.Ed., NCC, LPC Age: All	Hypnotherapy, eating disorders, anxiety, depression, LGBTQ issues, domestic violence	123 Walnut St. Kunkletown, PA 18058 (610) 381-3362
Sucro, Beth, LCSW Community Counseling Services Age: All	Mood, developmental DO, family, individuals, couples	51 Market St., Bangor PA (610) 588-9109 www.ccsbangor.org
Tavormina, Michelle, PhD, LCSW Age: All	Trauma, grief, anxiety, depression, etc.	19 South 6th St.,Stroudsburg, PA 18360 (570) 424-5477
Trook, Douglas, PhD Pocono Psychological Services Age: 8 - Adult	Individual/couples, anxiety, depression, Christian Act 235, bariatric,pain evals	601 Scotrun Avenue PO Box 325, Scotrun, PA 18355 (570) 688-2929

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Valley Neuropsychology Group Age: All	Psychotherapy: marital, family, individual; AD/HD testing/management, forensic assessments	1045 S.Cedar Crest Blvd. Allentown, PA 18103 (610) 433-3360 email: info@vngonline.com https://vngonline.com/
Velez, Ana Hope Counseling and Behavioral Services, LLC	Individual/couples, groups, depression, grief, anger management, sexual abuse/ abuse/neglect, self esteem issues	1023 Interchange Road Gilbert, PA (610) 681-5389 http://www.hopecounselingbehavior.com/
Williams, R. Samantha, LPC, CCTP Ages: All		Tobyhanna, PA (570) 580-8018
Yakavonis, Cheryl, LPC Age: 13 to adult	Individuals, couples and families, anxiety, anger management, depression, grief, self esteem	115 Learn Road, Tannersville PA 18372 (570) 213-2817
Trauma Focused Therapy		
Integrative Counseling Services	Individual and group; trauma, EMDR, anger management, depression, anxiety	300 Mulberry St. #201, Scranton, PA 18503 (570) 955-5479 http://integrativecounselingpc.com/
Brogna, Nicole, LCSW Age: children - adults	Marriage, family, individual; anxiety, mood DO, ADHD, Parenting, EMDR, Adjustment DO	134 Broad Street Stroudsburg, PA 18360 (570) 279-4940
Opsasnick, Lynne, LSW Northeast Therapeutic Wellness Center	Trauma Therapist, Parent Child Interaction Therapist and Prolonged Exposure Therapist	1631 Mulberry St., Scranton, Pennsylvania 18510 (570) 302-4474
Forensic Counseling		
Forensic Counseling Assoc. Age: All	Evaluating & treating sex offenders and victims; Perpetrators & victims of domestic violence	1385 Pocono Blvd., Mt. Pocono, PA 18344 (570) 476-7704 http://www.forensiccounselingassociatesllc.com
Agencies & Centers of Care		

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Burnley Employment & Rehab Services Age: 18-75	Vocational training & Employment Services for individuals with disabilities	4219 Manor Drive Stroudsburg, PA 18360 (570) 992-6616
Children & Youth Services of Monroe County Age: Birth - 17	Advocate & protect children & youth from abuse & neglect while attempting to stabilize family unit.	730 Phillips Street., Stroudsburg, PA 18360 (570) 420-3590 www.monroecountypa.gov/Dept/CY
Fitzmaurice Community Services Age: 18 & Up	Residential life sharing and supportive services for people with developmental disabilities/mental illness.	7410 School View Lane Stroudsburg, PA (800) 289-8980 http://www.fitzmaurice.org/
HOPE (Helping Overcome Psychosis Early) Age: 15-25 (can be younger)	An early intervetion program for those experiencing their first episode of psychosis within a 2-year period.	Children's Service Center (877) 433- 5112 http://www.cscwv.org/
Marley's Mission	Equine Assisted Psychotherapy for children who have experienced trauma	2150 Port Royal Rd, Clarks Summit, PA 18411 570-587-HOPE https://marleysmission.com/
MH/DS Program Carbon/Monroe/Pike Age: All	Assessment & Referrals. Case mgmt, advocacy, support, linkage, intensive case mgmt, targeted case manager	730-A Phillips Street Stroudsburg, PA 18360 (570) 421-2901 http://www.cmpmhds.org/
New Perspectives Phone/Mobile Age : ALL House Age: 16 & Up	Crisis Intervention, crisis residence, mobile crisis, medical mobile crisis, telephone hotline	140 Neyhart Road, Stroudsburg, PA 18360 (570) 992-0879 Crisis Hotline: 1-800-849-1868
PA KinConnector	PA KinConnector is an information, referral and education program for kinship caregivers in Pennsylvania.	(866) 546-2111 https://www.kinconnector.org/
Shared Ride	Bus transportation for medical appointments for families with no transportation and limited income.	(570) 839-8210 https://www.gomcta.com/sharedride.php
United Way/ 211	180 languages available, 24/7, speak with a specialist in your area who will help you find social services and resources	call or text: 211 https://www.211.org/
Women's Resources of Monroe County Age: All female/male	Domestic violence & sexual assault crisis center. Info & referral. Emergency shelter, counseling, educational programs.	215 West Main Street Delaware Water Gap, PA Office: (570) 424-2093 Crisis Hotline: 421-4200 The Mountain Center, Tobyhanna, PA (570) 894-3272 http://www.wrmonroe.org/

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IBHS (Intensive Behavioral Health Services)		
Merakey ALL AGES (age limits for some services)	Family based services, home based & school services. Mobile therapy, behavioral specialist, TSS	912 Main Street Suite 202 Stroudsburg, PA 18360 (570) 424-9229 http://www.merakey.org/
Pathways Community Services Age: 0-21	Home based & school Services. Mobile therapy, behavioral specialist, TSS	528 Seven Bridge Rd #246, East Stroudsburg, PA (570) 424-6221 http://www.pathwaysofpa.com/
Salisbury Behavioral Health Age: 18+	Assertive Community Treatment (ACT)-community-based tx program for those with severe and persistent mental illness	1020 Cherry Lane Rd, East Stroudsburg, PA (570) 424-6670 www.salisb.com/
Youth Advocate Program, Inc.	Home based and school services, mobile therapy, behavioral specialist, TSS	1416 Monroe Ave. Dunmore, Pa 18509 (570) 489--1609 http://www.yapinc.org/
Autism Spectrum Disorders		
Matrix Behavior Solutions, LLC	Services for children with autism Behavior Analyst Certification	175 E Brown St STE 202, East Stroudsburg, PA 18301-3098 (570) 234-3989 https://matrixaba.com/
ESU Autism Education Center	The ESU Autism Education Center offers referrals, networking, workshops and training for individuals with autism, their families.	562 Independence Road, Ste 329, East Stroudsburg, PA (570) 422-7950 https://www.esu.edu/autism-education-center/index.cfm
Residential& Inpatient Treatment		
Brook Glen Behavioral Hospital	Inpatient program for teens ages 13 to 18	7170 Lafayette Ave, Fort Washington, PA 19034 (215) 641-5404 https://brookeglenhospital.com/

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Foundations Residential Treatment Facility Ages 8-21	Acute Hospital, Partial Hospital, Autism Services	833 E Butler Ave, Doylestown, PA 18901 (215) 345-0444 (800) 445-4722 http://fbh.com/
Kids Peace Hospital Inpatient/Hospitalization		5300 Kids Peace Dr. Orefield PA (610) 799-8000 https://www.kidspeace.org/pennsylvania/
Summit Academy Residential D&A High School ages 14-19		839 Herman Rd. PO Box 13, Herman, Pa 16039 1(724) 282-1995 http://www.theacademyschools.com/Summit-Academy/Summit-Academy-drug-alcohol-Program.htm
George Jr. Republic Residential Care		233 George Jr. Road Grove City, PA (724) 458-9330 https://gjr.org/
Pyramid Healthcare Inpatient D&A Rehabilitation	Detox and Inpatient D&A services	420 Supreme Court Dr. East Stroudsburg, PA (570) 213-3300 https://www.pyramidhealthcarepa.com/
Huntington Creek Recovery Center (males ages 13-18)	Residential addiction treatment center for adolsecent males. Can have certain co-occuring dx.	890 Bethel Rd, Shickshinny, PA 18655 (888) 645-4129 https://www.huntingtoncreekrecovery.com/
Recovery Centers of America at Devon (ages 19 years +)	Detox and Inpatient D&A services	235 W Lancaster Ave., Devon, PA 19333 (484) 551-3366 https://recoverycentersofamerica.com/locations/devon/
Drug & Alcohol Treatment		
PA Treatment and Healing (PATH) Age: adults and adolescents	Outpatient D&A treatment, after school program, intensive adolescent day treatment program	149 Saw Mill Court East Stroudsburg, PA 18301 (570) 517-7153
Pyramid Healthcare Outpatient Rehabilitation	Teen outpatient	3180 Rt. 611 Suite 19 Bartonsville, PA 18321 (570) 420-7939 https://www.pyramidhealthcarepa.com/
Drug & Alcohol Commission Carbon/Monroe/Pike Age: No restrictions	Substance abuse and family related issues. D&A Hotline (866-824-3578) individual/groups/partial	724 Phillips Street Penn Square Suite A Stroudsburg, PA 18360 Intake # 420-8297 (570) 421-1960 http://www.cmpda.cog.pa.us/

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Eating Disorder Treatment		
Dorfman, Lorraine M., PhD	Eating Disorders	Cedar Crest Professional Park Allentown PA (610)915-8035 or (610) 740-0755 https://www.drlorrainemdorfman.com/
Edwards-Hawver,Cynthia, PsyD.	Eating Disorders	400 South State Street, Clark Summit, PA (570) 575-3765 http://drcynthiahawver.com/
Wonders, Michelle, PhD	Eating Disorders	Rte 390 Highpoint Business Center Cresco, PA 18326 (484) 494-2056
Langman, Madeleine, PhD	Eating Disorders	825 N. Cedar Crest Blvd, Allentown, PA (610) 351-3191
PennState Health Children's Hospital Eating Disorder Clinic Residential/Day Programs	Evaluations, Day treatment, Inpatient Residential treatment	600 University Drive, Hershey, PA 17033 (717) 531-2099 http://childrens.pennstatehealth.org/eating-disorders-and-adolescent-medicine
Renfrew Center Inpatient Eating Disorder Care	Eating Disorders	475 Spring Lane, Phila, PA 1-800-736-3739 or (215) 482-5353 http://renfrewcenter.com/
Smith, Jennifer, LCSW	Eating Disorders	1702 W. Walnut Street Allentown, PA (610) 434-1540 http://brownbackmason.com/
UPMC Inpatient Eating Disorder Care	Eating Disorders	3811 O'Hara St Pittsburgh, PA (412) 647-9329 http://www.upmc.com/Services/behavioral-health/eating-disorders/Pages/default.aspx
Registered Dieticians		
Brecht, Christina, MPH,RD,LDN	(includes eating disorders)	1 Washington St. East Stroudsburg PA (570) 426-7150

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Stefanelli, Marlee, MS, LPC, LDN, RD	(includes eating disorders)	235 Main Street Blakely, PA 18447 (570) 954-7181 http://stefanellicounseling.weebly.com/about-marlee.html
LGBTQIA+		
Allentown Women's Center	Transgender health Iniative	31 South Commerce Way, Suite 100 Bethlehem, PA 18017 (877) 342-5292 https://allentownwomenscenter.com
Bradbury-Sullivan LGBT Community Center	Virtual Youth Programs: youth ages 14-21 After School Youth Group: Project Silk - https://www.bradburysullivancenter.org/silk	522 West Maple Street at Bayard Rustin Way Allentown, PA 18101 (610) 347-9988
Eastern PA Trans Equity Project	Program to assist transgender residents in PA re legal name change, supportive services,education/outreach, financial help	(484)602-5918 https://www.patransequity.org/
Mazzoni Center	Comprehensive LGBTQ health care center	1348 Bainbridge St. PhiladelphiaPa 19147 (215) 563-0652 https://www.mazzonicenter.org/
Support Groups		
Compassionate Friends Support Group (support of a family after a death of a child)	3rd Monday of each month 7:00 pm (meetings currently virtual)	327 Cherry Lane Road Tannersville,PA 18321 Teresa (570) 839-9612 and (570) 350-6695 www.tcfpoconochapter.org
Lehigh Valley Pocono Hospice Grief Groups	Chaplain and social worker will go to all local schools	502 VNA Road, East Stroudsburg, PA 18301 (570) 421-5390
LGBT+ Teen Group Kristy Fiore Counseling		1 Line St, Ste 3 Throop, PA (570) 507- 3189 https://kristyfiore.com/
LGBTQ+ Peer-Support Program	Moderated by professional staff	https://www.qchatspace.org/

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Pike Autism Support Services	Autism support services	201 Broad St. Suite 4 Milford, Pa. 18337 570-832-4000
Parents of Trans Kids Group	Every 2nd and 4th Wednesday of the month from 6-7:30pm (currently virtual)	Mt. Pocono Professional Building 4 Fork Street - Suite 2000 Mt. Pocono, PA 18344 (570) 894-2446
Pocono Autism Society	For families and professionals involved with ASD; meetings at 9:30am 4th Wed of month at the Hughes Library (Sept - May)	Beth Dellicker (570) 421-2299 beth@poconoautism.org www.poconoautism.org
Pocono Mountains Area of Narcotics Anonymous		Local Helpline: (570) 421-6618 MARSCNA.org
Housing Resources		
Family Promise	Emergency Housing	1274 North 9th St. Stroudsburg, PA 18360 (570) 420-8589 http://familypromisepa.org/
PATH Pocono Area Transitional Housing	Emergency Housing	7 North 9th Street, Stroudsburg, PA 18360 (570) 476-1828 https://www.pathhouse.org/
RHD Crossroads/Street 2 Feet Outreach Center	Provides case management /support services to those who are homeless or at risk of homelessness in Monroe County	Homeless Day Center: 130 N. First St, Suite 102, Stroudsburg (570) 369-1299 https://www.rhd.org/program/street2feet/
Salvation Army Age: All	Emergency Housing. Energy & Rental assistance. Food panty. Lunch served daily M-F	226 Washington Street, East Stroudsburg, PA 18301 (570) 421-3050 http://pa.salvationarmy.org/
Monroe County Housing Authority	Provides rental properties to low income families in Monroe County.	1055 West Main Street, Stroudsburg, PA 18360 (570) 421-7770 www.housingauthoritymonroecounty.org

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